



IGNITE: Adapting for Long-Term Success: Optimise Checklist

Introduction:

Streamline your pivot with efficiency, using Optimises strategies and UYP's productivity principles. Download your Validation Log <https://phillipmatthew.com/ignite/resources>.

Instructions:

- Complete Fields: Fill sections for process, tool, efficiency gain, outcome, and feedback. Review weekly.
- Track Progress: Use Google Forms, Sheets, Docs, Notion, or paper (see User Guide at <https://phillipmatthew.com/ignite/resources>).
- Review with Mentor: Book a call with Phil at <https://phillipmatthew.com/book-a-call/> to refine trend strategies.

Process	Tool	Efficiency Gain	Outcome	Mentor Feedback

Example: "Scheduling, Asana, Reduced wait times, 10% client retention boost, Book a call with Phil."