

IGNITE Your Business – SPARK Progress Tracker

Instructions: Track your 12-week *SPARK* plan progress by checking off tasks as completed. Review at the end of each timeframe (Weeks 1–3, 4–6, 7–9, 10–12) to stay on track. Refer to the *SPARK* report for details. Discuss your progress with Phil at phillipmatthew.com/book-a-call.

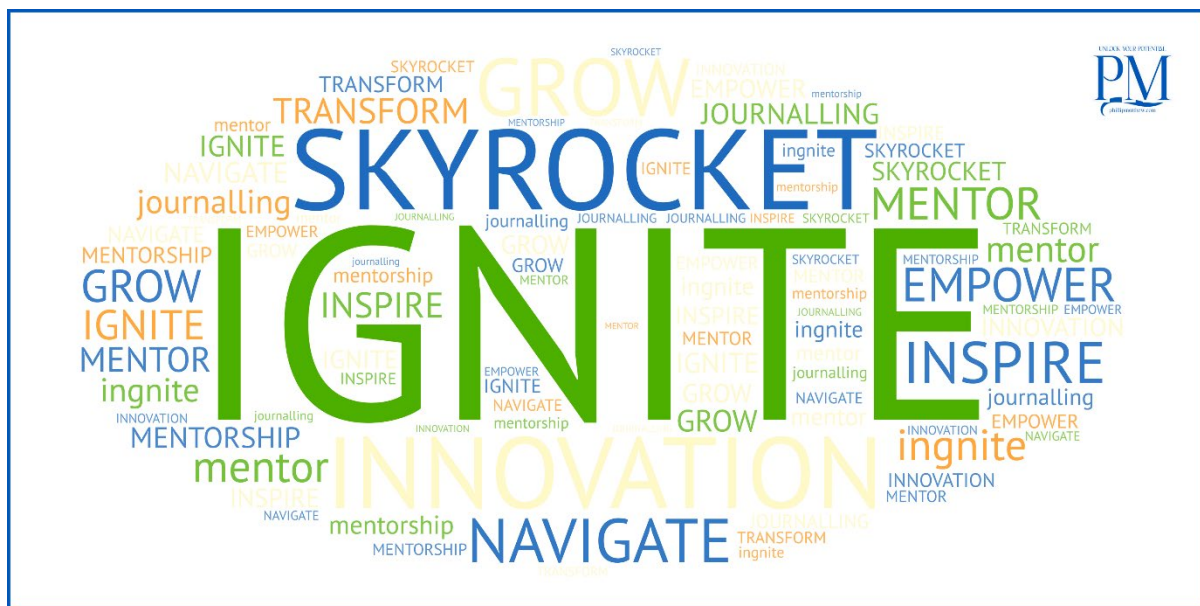
Example

Track Your Progress:

Tasks	Weeks	Weeks	Weeks	Weeks
Descriptions	1-3	4-6	7-9	10-12
Journal daily and set a leadership goal.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reframe limiting belief, pursue goal.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Enhance skills, continue goal.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Complete goal, lead with confidence	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What progress are you most proud of this week?

- **Provide one sentence/quote here...** *Leadership is not about being in charge, It is about taking care of those that are in your charge – Simon Sinek*



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Instructions: Track your 12-week SPARK plan in Google Forms, Sheets, or paper. Review at the end of each timeframe (Weeks 1–3, 4–6, 7–9, 10–12) to stay on track. Use the SPARK report and Setup Guide at phillipmatthew.com/resources. Discuss your progress with Phil at phillipmatthew.com/book-a-call.

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